

## Using the OK to Wake! Timer

The OK to Wake! night-light timer is an exciting new sleep aid for parents! OK to Wake! glows green in the morning at a time that you select. Kids quickly learn to stay in bed until “Green means GO!”

To set the OK to Wake! night-light timer:

- 1) Hold down the WAKE button for two seconds until “SET OK TO WAKE!” flashes on the display (OK to Wake! time is 6:00 a.m. by default). See Fig. 6.
- 2) Use the HOUR +/- and MIN +/- buttons to set the time you want the green light to turn on (For example, 7:00 am).
- 3) Press WAKE again to lock in the new setting and return to the time display. See Fig. 7.

Notice that “OK TO WAKE!” will remain on the display as a reminder that the OK to Wake! timer is active.

When the OK to Wake! time is reached, the clock will glow green and the lit bulb icon will appear in the display, letting your kids know that it is now OK to get up. See Fig. 8.

Pressing the left toe button will toggle the green light off and on. Pressing the right toe button will stop the OK to Wake! timer and turn off the green light.

Leave the OK to Wake! timer active if you want the green light to turn on every day. Toggle this function off and on by tapping the WAKE button.



Fig. 6 Set OK to Wake!



Fig. 7 OK to Wake! active



Fig. 8 OK to Wake! time

**Note:** At the OK to Wake! time, the clock glows green for 30 minutes (or the Auto-Off duration - see page 12). During this period, pressing the left toe button toggles the green light. After this period, the night-light color returns to yellow (if lit) until the OK to Wake! time on the following day.