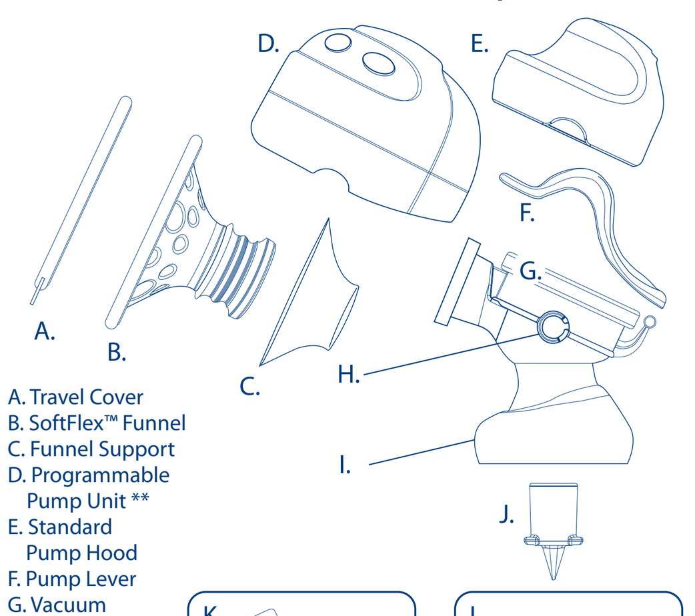
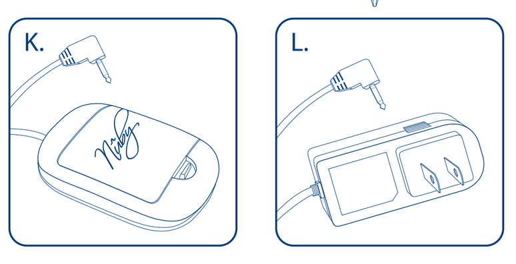
Getting to know the parts of your

Nûby™

Rhythm™ Dual Action Electric Breast Pump



A. Travel Cover
B. SoftFlex™ Funnel
C. Funnel Support
D. Programmable Pump Unit **
E. Standard Pump Hood
F. Pump Lever
G. Vacuum Membrane
H. Adjustable Vacuum Valve
I. Pump Housing
J. Flow Valve
K. Battery Power Pack **
L. Wall Cord **



** - DO NOT STERILIZE OR IMMERSE THESE PARTS IN

Recommended separation distance between Portable and mobile RF communications equipment and the Pump at 3 Vrms

The Rhythm™ Breast Pump is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the pump can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the pump as recommended below, according to the maximum output power of the

Rated maximum output power of	Separation distance according to frequency of transmitter "m" 150 kHz to 80 MHz $d = \left[\frac{3.5}{V_1}\right]\sqrt{P}$	80 MHz to 800 MHz $d = \left[\frac{3.5}{E_1}\right]\sqrt{P}$	800 MHz to 2.5 GHz $d = \left[\frac{7}{E_1}\right]\sqrt{P}$
0.0	0.11	0.11	0.233
0.1	0.37	0.37	0.737
1	1.17	1.17	2.33
10	3.70	3.70	7.37
100	11.7	11.7	23.30

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in meters can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output rating of the transmitter in watts (W) according to the transmitter

Note: At 80 MHz and 800 MHz, the separation distance for the higher frequency

Note: These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

Technical Information:

Line/Mains Input Voltage:	100-240 VAC
Line/Mains Input Frequency:	50-60 Hz
Power Input	0.4 Arms at 90 VAC input and Maximum
Aux. Line/Mains Output Power	Load
Special Cooling Requirements:	12.0 Watts
Supply Voltage Fluctuations:	Convection Cooled Only
Ambient Temperature Range:	90 VAC-264 VAC
Atmospheric Pressure:	+10°C to + 40°C/+50°F to +104°F
Relative Humidity Range:	700 to 1060hPa
Equipment Rating:	30% to 75%
Maximum Speed at Maximum	Rated for Continuous Operation
Vacuum:	94 RPM

LEGEND FOR SYMBOLS APPEARING ON THE PROGRAMMABLE ELECTRIC BREAST PUMP UNIT

TYPE B APPLIED PART — Attention, consult ACCOMPANYING DOCUMENTS — ONLY INDOOR USE

CLASS II EQUIPMENT — DISPOSE OF THROUGH SEPARATE COLLECTION ROUTE FOR WASTE ELECTRICAL EQUIPMENT — CLASSIFIED C UL US 46YU — MEDICAL EQUIPMENT WITH RESPECT TO ELECTRIC SHOCK, FIRE AND MECHANICAL HAZARDS ONLY IN ACCORDANCE WITH UL 60601-1 IEC/EN 60601-1. CAN/CSA C22.2 No 601 1

1. CLEANING AND STERILIZING YOUR Nûby™ Rhythm™ ELECTRIC BREAST PUMP.

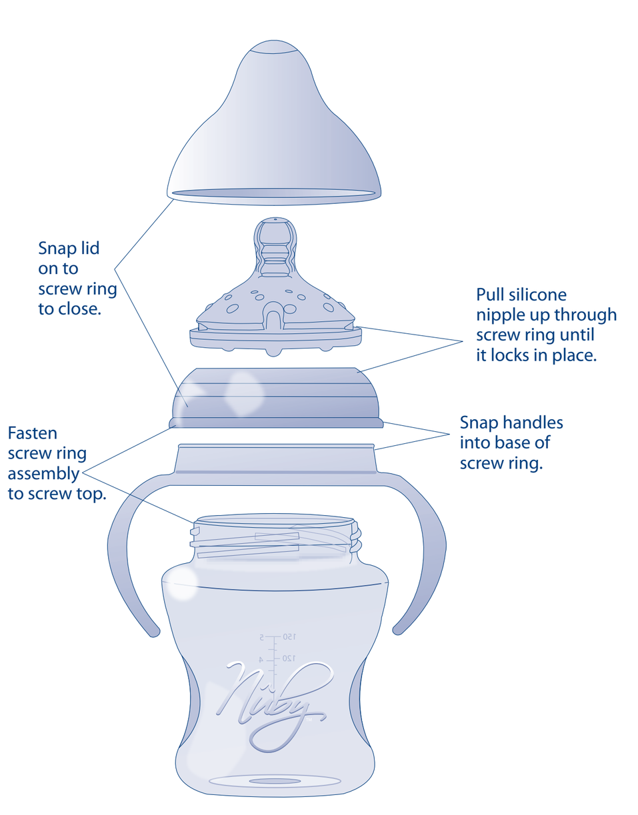
Start by disassembling all parts, then wash all parts (except those listed in the WARNING below) in the dishwasher, top rack, (keep small parts in a dishwasher basket to prevent loss), or hand wash all parts (see previous exception) in soapy water and rinse with clean water. You may also sterilize all parts (see previous exception) in the Nûby™ Microwave Steam Sterilizer or boil those parts in water for 10 minutes. You may wipe down the programmable pump unit, battery pack, and wall cord with a damp cloth if needed. WARNING: Do not wash programmable pump unit, battery pack or wall cord. This will result in damage to the pump unit.

2. REASSEMBLING YOUR Nûby™ Rhythm™ ELECTRIC BREAST PUMP.

1. Wash hands thoroughly. Replace the Flow Valve onto the cylinder located in the (throat) portion of the pump. Make sure this fits securely and high on the cylinder.
2. Screw the bottle you wish to use onto the bottom of your Nûby™ Breast Pump.
3. Insert the Vacuum Membrane at the top of pump. Push down and run finger around outside edge to secure the seal.
4. Replace SoftFlex™ funnel support piece by pushing the base of the funnel through the hard plastic support piece. Once through, continue to pull the SoftFlex™ funnel through, ensuring that the collar of the funnel seals against the base of the support piece. Then ensure the lip of the funnel seals around the outer edge of the support piece.
5. Reattach funnel to pump housing by ensuring the collar of the funnel base seals around the lip of the forward pump house opening.
6. Place the Programmable Pump Unit over the Vacuum Membrane and line up the slot in the pump hood with the rear support lever. Push down on the unit ensuring that the vacuum membrane post can make contact with the programmable pump unit's motorized arm.

Programmable Pump Unit — Vacuum Membrane — Motorized Arm — Vacuum Membrane Post

Assembly and Disassembly of the Natural Nurser™:



Guidance & Manufacturer's Declaration continue

Electromagnetic Emis-

Immunity	IEC 60601	Compliance	Electromagnetic Environment Guidance
			Portable and mobile RF communications equipment should be used no closer to any part of the Rhythm™ Breast Pump, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.
Conducted RF	3 Vrms 150 kHz to 80	3	d = [1.17] √
Radiated RF IEC	3 V/m 80 MHz to 2.5	3	d = [1.17] √P 80 MHz to 800 MHz
			Where P is the maximum output rating of the transmitter in watts (W) according to the transmitter manufacturer and d is the recommended separation distance in meters (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey,[a] should be less than the compliance level in each frequency range.[b] Interference may occur in the vicinity of equipment marked with the

Note 1: At 80 MHz and 800 MHz, the higher frequency range applies.

Note 2: These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption

[a] Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the Rhythm™ Breast Pump is used exceeds the applicable RF compliance level above, the Rhythm™ Breast Pump should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the breast pump.

[b] Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.

Nûby™ NATURAL TOUCH™

Rhythm™ Dual Action Electric Breast Pump

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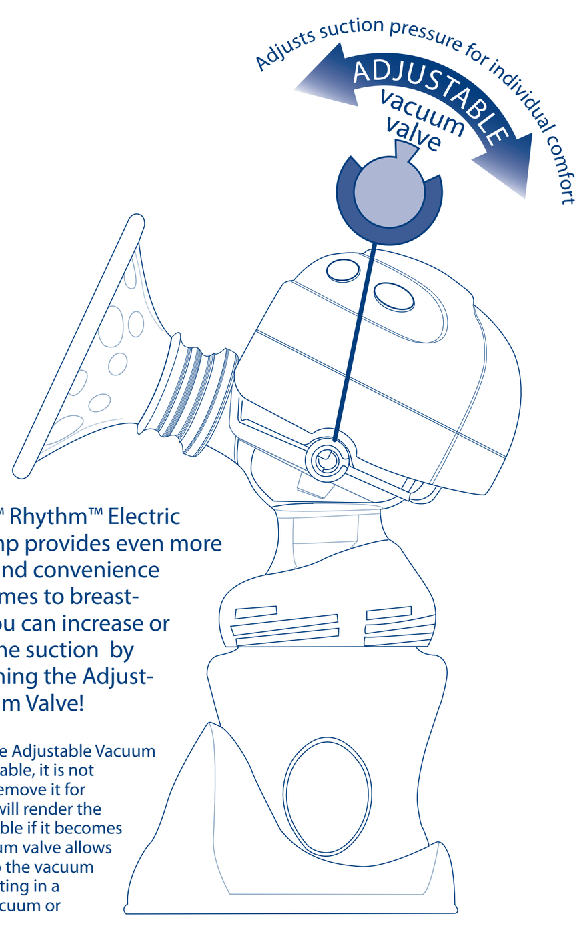
* To get these instructions in French or Spanish, please log on to

Further customize your Rhythm™ Breast Pump with the Adjustable Vacuum Valve.

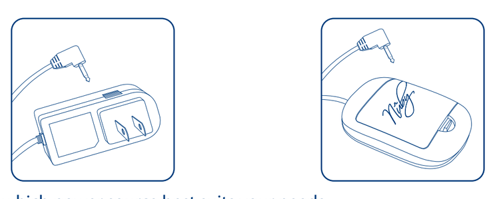


The Nûby™ Rhythm™ Electric Breast Pump provides even more flexibility and convenience when it comes to breast-feeding. You can increase or decrease the suction by simply turning the Adjustable Vacuum Valve!

Note: While the Adjustable Vacuum Valve is removable, it is not necessary to remove it for cleaning and will render the pump inoperable if it becomes lost. The vacuum valve allows air to pass into the vacuum chamber resulting in a decrease in vacuum or suction.

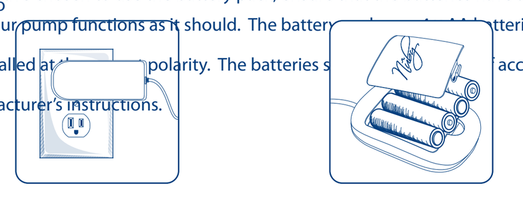
3. CONNECTING A POWER SOURCE:

The Nûby™ Rhythm™ Electric breast pump allows you to choose between two power sources, a wall cord which can plug into any standard electrical outlet, or a convenient

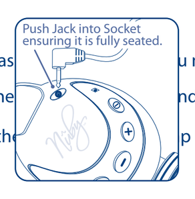


1. Choose which power source best suits your needs.
2. If you have chosen the wall cord, plug it in to an electrical outlet close to where you intend to begin expressing. Ensure that you are comfortable and that there is a reduced possibility of the cord being unplugged from the outlet while in operation. You should also try to ensure that the cord does not impede the path of others as it may present a tripping hazard.

If you have chosen to use the battery pack, ensure that the batteries have a good charge so that your pump functions as it should. The battery ... batteries, which should be installed at the ... polarity. The batteries s... according to the manufacturer's instructions.



3. Once your power source has ... u may now connect it to the Programmable Pump Unit. Simply insert the ... nd of the cord connected to your power source, into the socket on th... p Unit as below.

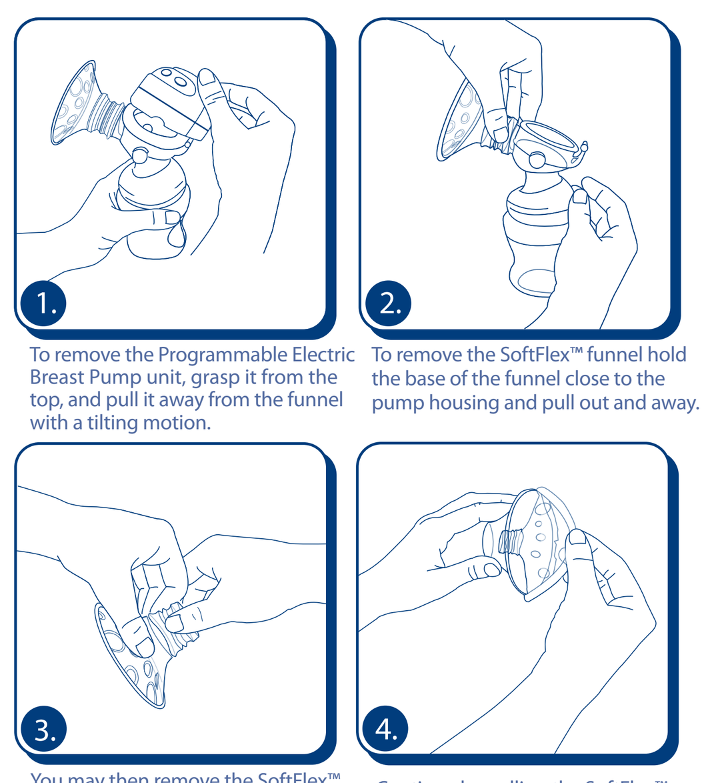


4. Once the connection is complete, turn the pump on to test connection by holding the ON/OFF button until the LED indicator emits a green light. You may begin using

Instructions for Disassembly

(Electric Pumping Mode)

...efore beginning it is suggested that you start by laying a clean towel onto a flat workspac... is is to place your disassembled parts on and to keep them from getting lost. You should a... nplug any power source that may be connected to the pump before beginning disassemb...



1. To remove the Programmable Electric Breast Pump unit, grasp it from the top, and pull it away from the funnel with a tilting motion.
2. To remove the SoftFlex™ funnel hold the base of the funnel close to the pump housing and pull out and away.
3. You may then remove the SoftFlex™ funnel's support piece by pinching the SoftFlex™ funnel at its narrow base, and then pushing the SoftFlex™ funnel through the narrow opening of the support piece.
4. Continue by pulling the SoftFlex™ funnel out of the support piece and away from the lip.

Disassembly continued next page.

Guidance & Manufacturer's Declaration

Electromagnetic Emissions

The Rhythm™ Electric Breast Pump is intended for use in the electromagnetic environment specified below. The customer or user of the Rhythm™ Breast Pump should assure that it is used in such an environment.

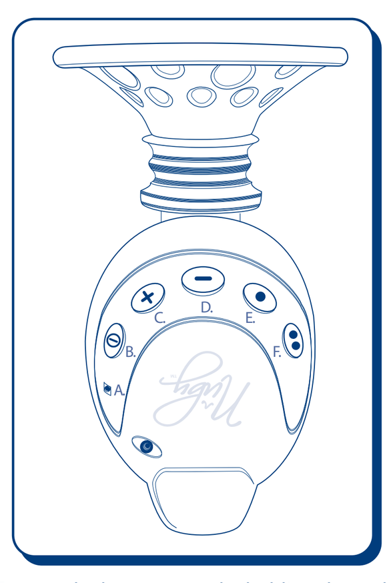
Emissions Test	Compliance	Electromagnetic Environment
RF Emissions CISPR II	Group 1	The Rhythm™ Breast Pump uses RF energy only for its internal function. Therefore, its RF emissions are very low and not likely to cause any interference in nearby electronic equipment.
RF Emissions CISPR	Class	The Rhythm™ Breast Pump is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.
Harmonic Emissions IEC 61000-3-2	Class	Not
Voltage Fluctuations/ Flicker Emissions	Not	The Rhythm™ Breast Pump is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.

Electromagnetic Immunity

Immunity	IEC 60601	Compliance	Electromagnetic Environment Guidance
Electromagnetic Discharge (ESD) IEC 61000-4-2	±6 kV Contact	±6 kV Contact	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
Electrical Fast Transient/Burst	±2 kV for power supply lines ±1 kV for	±2 kV for power supply lines ±1 kV for	Mains power quality should be that of a typical commercial or hospital environment
Surge IEC	±1 kV Differential Mode ±2 kV for	±1 kV Differential Mode ±2 kV for	Mains power quality should be that of a typical commercial or hospital environment
Voltage Dips, Short interruptions & Voltage Variations on Power Supply	<5% U_T (>95% dip in U_T) for 0.5 cycle 40% U_T (60% dip in U_T) for 5 cycles 70% U_T (30% dip in U_T) for 25 cycles <5% U_T (>95% dip in	<5% U_T (>95% dip in U_T) for 0.5 cycle 40% U_T (60% dip in U_T) for 5 cycles 70% U_T (30% dip in U_T) for 25 cycles <5% U_T (>95% dip in	Mains power quality should be that of a typical commercial or hospital environment. If the user of the SoftFlex™ Breast Pump requires continued operation during power mains interruptions, it is recommended that the pump be
Power frequency (50/60 Hz) Magnetic Field	3	3	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.

Note: U_T is the AC mains voltage prior to application of the

Programming the Electric Breast Pump



A. LED Indicator light
B. ON/OFF Button
C. High Speed
D. Low Speed
E. Program

1. Turn on the breast pump by holding down the ON/OFF Button. The LED light will emit a green glow when it is on. To turn off simply hold down the ON/OFF until the light turns off.
2. Hold down the Program button until the LED light flashes red.
3. While it is flashing red, input your desired combination by pressing the High Speed or Low Speed button in the sequence that you want the pump to perform them. The Programmable Pump Unit will remember this combination for future use, even if turned off or removed from a power source. To resume a previously programmed cycle, simply press the Program button.
4. If you wish to stop the programmed cycle, you may press the clear button at any time. If you wish to input a new pumping cycle, repeat the above steps. The previous programming will be erased, and the new program will be stored.

9. STORAGE AND USE OF YOUR EXPRESSED BREAST MILK.

10. NEVER immerse a frozen bottle in boiling water as this may cause the bottle to crack or split.

Note: The methods for storage and use of breast milk mentioned in this booklet are intended to serve only as a guide and should not be taken as the definitive methods. Please consult your physician or your lactation consultant for more information concerning proper methods for storage and use.

10. HOW TO USE YOUR Nûby™ BREAST PUMP (In Manual Configuration)

1. Wash hands thoroughly.
2. Make sure you have sterilized and carefully assembled your pump as indicated.
3. Again, look over the (HELPFUL HINTS FOR SUCCESS) section.
4. Make yourself comfortable in a chair or sofa. Have a glass of water or other drink nearby. Lean slightly forward to apply pump to your breast.
5. Press the funnel and silicone insert of the pump firmly against your breast making sure that no air can escape to ensure suction.
6. Push down on the Pump Lever and you will begin to feel suction. A full stroke of the lever is not needed to create a vacuum - only as much as is comfortable. (The Adjustable Vacuum Valve will allow you to increase or decrease the suction. You can customize the setting according to your personal comfort).
7. Milk will begin to flow after the first few pumps. Hold the vacuum for 2-3 seconds and ALWAYS ALLOW THE PUMP LEVER TO RETURN TO ITS RESTING POSITION AFTER EACH STROKE. This will keep milk from building up in the body of the pump.

MAXIMUM SUCTION IS LESS IMPORTANT THAN YOUR PERSONAL COMFORT. YOUR Nûby™ BREAST PUMP WILL GENERATE ENOUGH SUCTION WITHOUT MAKING A COMPLETE STROKE.

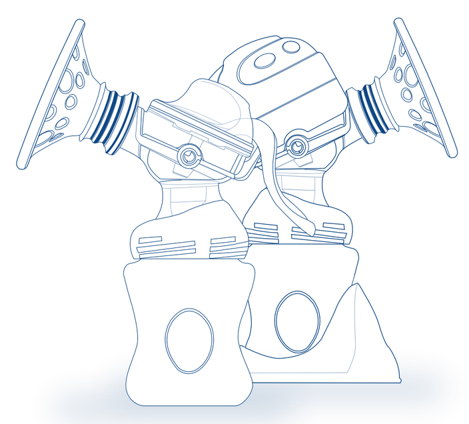
UNLESS YOU FEEL THE NEED FOR ADDITIONAL STIMULATION, IT IS NOT NECESSARY TO CONTINUE PUMPING THE LEVER. THE SUCTION, NOT THE PUMPING ACTION, WILL DRAW THE MILK. THE 2 TO 3 SECOND CYCLE DESCRIBED ABOVE IMITATES YOUR BABY'S NATURAL SUCK/RELEASE RHYTHM.

8. While some women may prefer to use the pump without the silicone insert, studies have shown that the massaging effect of the Nûby™ Silicone Insert stimulates the areola and begins the "let-down" process more quickly.
9. On average, it will take 10 minutes to express 60 to 120 ml or 2 to 4 oz of breast milk. However, this is just an estimate and will vary from woman to woman.

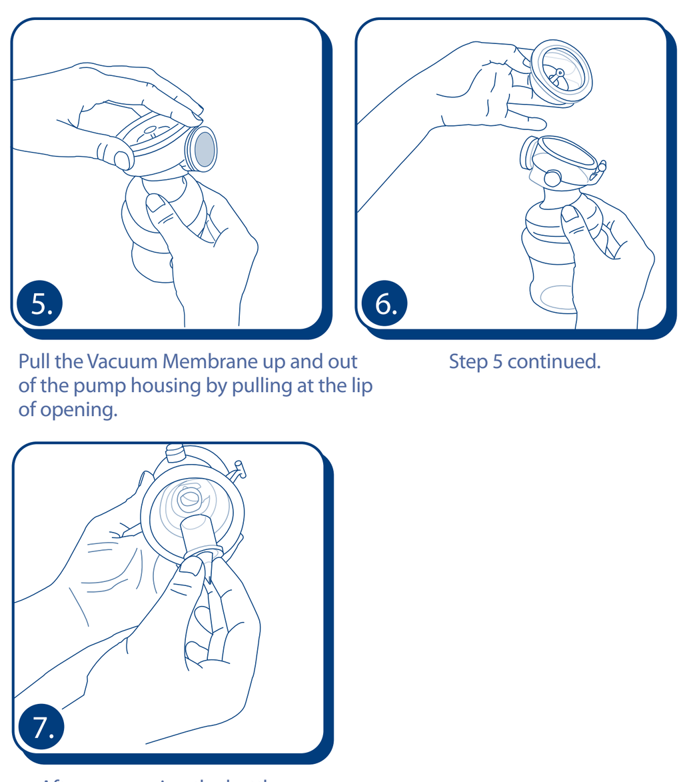
Device Description

General Description

The Nûby™ Rhythm™ Electric Breast Pump is a single electronic breast pump that is used to express and collect milk from the breast of lactating women. It can also be use to relieve breasts that are engorged (painful and swollen). Expressing before or between baby's feeding times can ease discomfort and help with infant latch on.



The Nûby Rhythm™ Electric Breast Pump can be used in manual mode or power-assisted/electrical (AC or battery powered). In the electrical mode, the breast pump utilizes two settings, high and low, which allows the lactating mother to set the suction power based on her comfort level and a baby's unique feeding pattern. These settings correspond to vacuum levels of 50 to 126 mmHg with cycling rates up to 60 cpm. In addition, for both modes, the Adjustable Vacuum valve can be used to increase or decrease suction enabling the mother to customize suction for personal comfort. On the average, it takes approximately 10 minutes to express 60 to 120 ml (2 to 4 oz) of breast milk using the Nûby™ Rhythm™ Electric Breast Pump. However, this



5. Pull the Vacuum Membrane up and out of the pump housing by pulling at the lip of opening.
6. Step 5 continued.
7. After unscrewing the bottle, remove the Flow Valve by pulling the valve down and away from cylinder.

* Note: While the Adjustable Vacuum Valve is removable, its loss would render the pump inoperable.

8. HOW TO USE YOUR Nûby™ ELECTRIC BREAST PUMP.

1. Wash hands thoroughly.
2. Make sure you have sterilized and carefully assembled your pump as indicated and ensure batteries are adequately charged.
3. Again, look over the (HELPFUL HINTS FOR SUCCESS) section.
4. Make yourself comfortable in a chair or sofa. Have a glass of water or other drink nearby. Lean slightly forward to apply pump to your breast.
5. Press the funnel and silicone insert of the pump firmly against your breast making sure that no air can escape to ensure suction.
6. Press the "On" button ensuring indicator light is illuminated.
7. With the breast pump still in place, depress the button that appropriately corresponds to the setting you have chosen for pumping. You may also choose to program in a custom setting at this time.
8. The pump will then begin its pumping action. Milk will begin to flow after the first few pumps. ALWAYS ALLOW THE PUMP TO RETURN TO ITS RESTING POSITION AFTER EACH ACTION. This will keep milk from building up in the body of the pump.
9. While some women may prefer to use the pump without the silicone insert, studies have shown that the massaging effect of the Nûby™ Silicone Insert stimulates the areola and begins the "let-down" process more quickly.
10. On average, it will take 10 minutes to express 60-120 ml or 2 to 4 oz of breast milk. However, this is just an estimate and will vary from woman to woman.

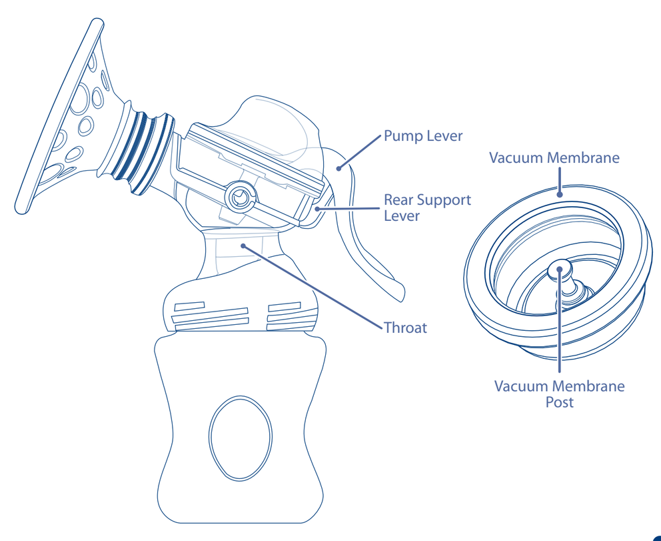
9. STORAGE AND USE OF YOUR EXPRESSED BREAST MILK.

1. Breast milk can be stored for up to 8 days in the refrigerator or up to 3-4 months in the freezer. In a separate deep freezer, you can store at zero degrees for up to 6 months or longer.
2. Milk can be stored in covered Nûby™ Nursers using the Nûby™ storage caps. Clearly label each bottle with date of expression.
3. Do not fill bottles completely, if they're to be frozen, allowing room for milk to expand while freezing.
4. Refrigerate or freeze immediately any breast milk that is to be stored.
5. Breast milk can be heated in the same manner as other bottle feeds. (But never microwaved as this may destroy valuable nutrients and antibodies).
6. Frozen breast milk can be defrosted overnight in the refrigerator or heated gradually in warm water.
7. Once thawed, use within 24 hours.
8. Breast milk should NEVER be re-frozen.
9. DO NOT add fresh breast milk to already frozen or refrigerated milk for storage.

4. CONVERTING YOUR PUMP TO MANUAL MODE

(AFTER DISASSEMBLING THE ELECTRIC BREAST PUMP)

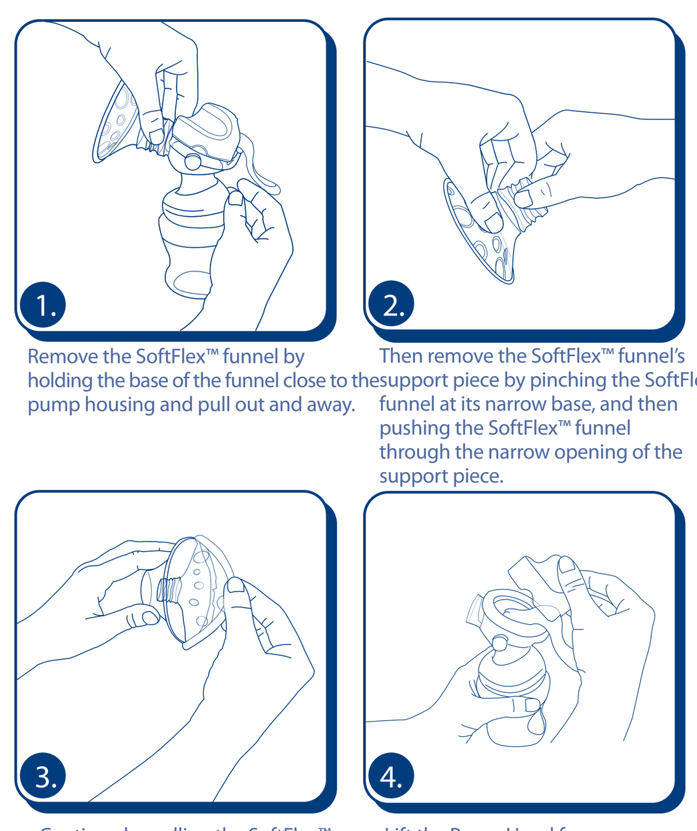
1. Wash hands thoroughly. Replace the Flow Valve onto the cylinder located in the (throat) portion of the pump. Make sure this fits securely and high on the cylinder.
2. Screw the bottle you have chosen onto the bottom of your Nûby™ Breast Pump.
3. Snap Pump Lever onto rear support lever.
4. Insert the Vacuum Membrane at the top of pump and slide Vacuum Membrane Post into the slot at the front of Pump Lever. Push down and run finger around outside edge to secure the seal.
5. Replace SoftFlex™ funnel support piece by pushing the base of the funnel through the hard plastic support piece. Once through, continue to pull the SoftFlex™ funnel through ensuring that the collar of the funnel seals against the base of the support piece. Then ensure the lip of the funnel seals around the outer edge of the support piece.
6. Reattach funnel to pump housing by ensuring the collar of the funnel base seals around the lip of the forward pump house opening.
7. Place Standard Pump hood over the Vacuum Membrane and push down. Your Nûby™ Breast Pump is now ready for use in manual configuration.



Instructions for Disassembly

(Manual Pumping Mode)

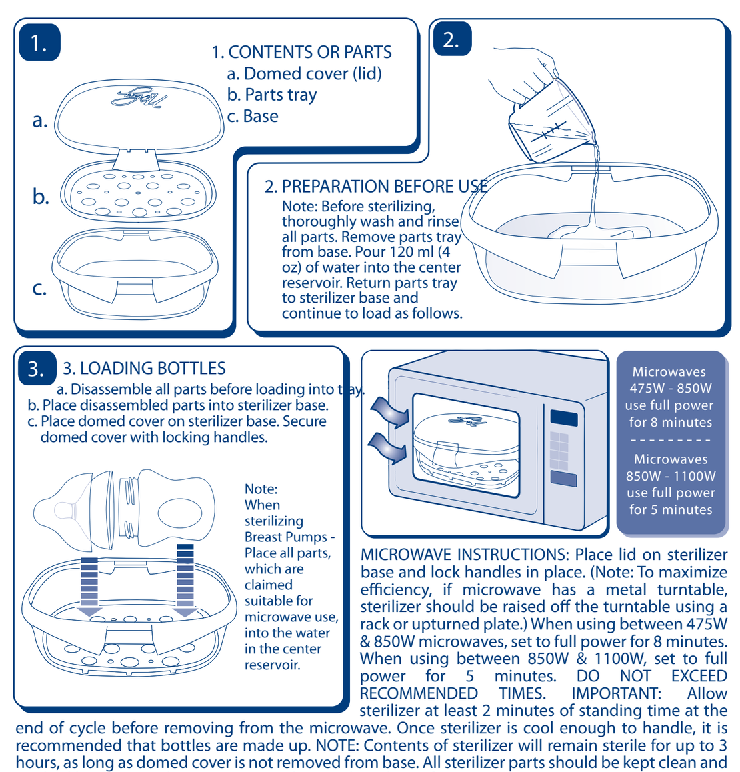
...efore beginning it is suggested that you start by laying a clean towel onto a flat workspace. This is to place your disassembled parts on and to keep them from getting lost.



1. Remove the SoftFlex™ funnel by holding the base of the funnel close to the pump housing and pull out and away.
2. Then remove the SoftFlex™ funnel's support piece by pinching the SoftFlex™ funnel at its narrow base, and then pushing the SoftFlex™ funnel through the narrow opening of the support piece.
3. Continue by pulling the SoftFlex™ funnel out of the support piece and away from the lip.
4. Lift the Pump Hood from your Breast Pump by pulling hood with a tilting motion.

Disassembly continued next page.

Travel Sterilizer INSTRUCTIONS FOR CARE AND USE



MICROWAVE INSTRUCTIONS: Place lid on sterilizer base and lock handles in place. (Note: To maximize efficiency, if microwave has a metal turntable, sterilizer should be raised off the turntable using a rack or upturned plate.) When using between 475W & 850W microwaves, set to full power for 8 minutes. When using between 850W & 1100W, set to full power for 5 minutes. DO NOT EXCEED RECOMMENDED TIMES. IMPORTANT: Allow sterilizer at least 2 minutes of standing time at the end of cycle before removing from the microwave. Once sterilizer is cool enough to handle, it is recommended that bottles are made up. NOTE: Contents of sterilizer will remain sterile for up to 3 hours, as long as domed cover is not removed from base. All sterilizer parts should be kept clean and washed between cycles to prevent sealing. Dishwasher safe.

WARNING: DO NOT overload sterilizer - follow loading instructions. Always use the correct amount of water, (120ml or 4oz). DO NOT sterilize metallic or electronic items. USE CAUTION when removing lid as steam will escape and may cause injury. Keep all parts of the sterilizer out of the reach of small children, especially after use. Never put any type of chemicals into the sterilizer. Before use, all items should be checked to make sure they are suitable for microwave use as temperatures may reach 212° F. When using in combination ovens, make sure sterilizer is not heated by grill, and oven has cooled before use. Suitable for use in microwaves rated 475 - 1100W. USE CAUTION when handling sterilized objects immediately after removing from microwave as items will still be hot.

AFTER MICROWAVING: Remove Sterilizer from microwave, making sure to handle only the sides of sterilizer. Place sterilizer on a heat resistant surface. Remove the lid by lifting the clips, located at the sides of the sterilizer. Lift lid cover so that the opposite side, from the side you're on, opens first. Allowing steam to escape away from you.

CARE AND CLEANING: Drain excess water from sterilizer and rinse thoroughly after each use. This will prevent lime scale build up. Store when completely dry. The Microwave Steam Sterilizer by Nûby™ is

5. IMPORTANT SAFETY INFORMATION

When using this or any other electrical product, basic safety precautions should ALWAYS be followed, including the following:

READ ALL INSTRUCTIONS BEFORE USING

WARNING - TO REDUCE THE RISK OF FIRE, ELECTROCUTION, OR OTHER PERSONAL INJURY:

1. The breast pump is intended for repeated use by one individual user only.
2. Always unplug the device from its power source immediately after use.
3. Do not immerse in water.
4. Do not use while bathing.
5. Do not place or store the product where it can fall or be pulled into a tub or sink.
6. Do not reach for a product that has fallen into water. Unplug from the wall outlet immediately.
7. Close supervision is necessary when the product is used near children or persons with disabilities.
8. Do not allow children or pets to play with the breast pump, battery pack, wall cord, outlet, or accessories as these parts may pose a choking or strangulation danger.
9. Before each use inspect the product, including wall plug cord, for signs of damage. Never operate this product if it has a damaged cord or plug, if it is not working properly or if it has been dropped, damaged or submerged in water.
10. Do not use outdoors or where aerosol products are being used, or where oxygen is being administered.
11. Equipment not suitable for use in the presence of any flammable gases.
12. Do not stack.
13. Please be aware that this device may not function properly if used or stored close to other electronic devices that may interfere with the pump's RF functions. (See tables, pages 21-23 of this booklet)
14. Only use the wall plug cord and battery pack supplied with the product.
15. There are no user serviceable parts inside the Programmable Pump Unit.
16. Do not attempt to open, service or repair the breast pump yourself.
17. Keep cords away from heated surfaces.
18. Never use while pregnant, as pumping can induce labor.

WARNING - TO REDUCE THE RISKS OF INJURY, DEVICE MALFUNCTION OR FAILURE:

1. The product should not be left unattended when plugged into an electrical outlet.
2. Never drop or insert any foreign object into any opening.
3. Make sure the voltage of the wall plug cord is compatible with the power source.
4. Plug the end of the wall plug cord into the control handle first, then securely attach the wall plug into the outlet.
5. Wash and sanitize the appropriate pump parts before each use.

5. IMPORTANT SAFETY INFORMATION (continued)

6. Never put the Programmable Pump Unit, battery pack or cord in water or a sterilizer as you can cause permanent damage to the pump.
7. Do not continue pumping for more than five minutes at a time if no result is achieved.
8. Do not use antibacterial or abrasive cleaners/detergents when cleaning breast pump parts.
9. If the pressure generated is uncomfortable or causing pain, turn the unit off, break the seal between the breast and the pump body with your finger and remove the pump from your breast.
10. Although compliant with applicable EMC requirements, this equipment may still be susceptible to excessive emissions and/or may interfere with other more sensitive material. Using cords or cables other than those provided may also negatively affect EMC performance.
11. Portable and mobile RF communications devices can also affect the breast pump.

6. WHEN TO USE YOUR Nûby™ BREAST PUMP.

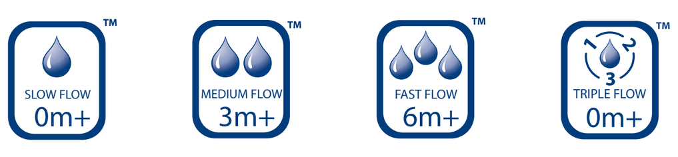
1. Two to four weeks after birth, your milk supply and feeding schedule should be well established. This would be a perfect time to begin getting familiar with the operation of your new breast pump.
2. You can begin sooner or exceptions apply if:
   a. You need to express milk for your baby while in the hospital.
   b. Your breasts are engorged (painful and swollen). Expressing some milk before or between baby's feeding times can ease discomfort and help with infant latch on.
   c. You are separated from your baby and wish to continue to breast-feed when you are reunited, expressing your milk regularly will stimulate your milk supply.
3. Find the time of day that's best for you to express your milk, for instance:
   a. early in the morning when your breasts are full or just before or after your baby's first feed, or
   b. after a feed, if your baby has not emptied both breasts, or
   c. between feeds, or during a break, if you have returned to work.

7. HELPFUL HINTS FOR SUCCESS

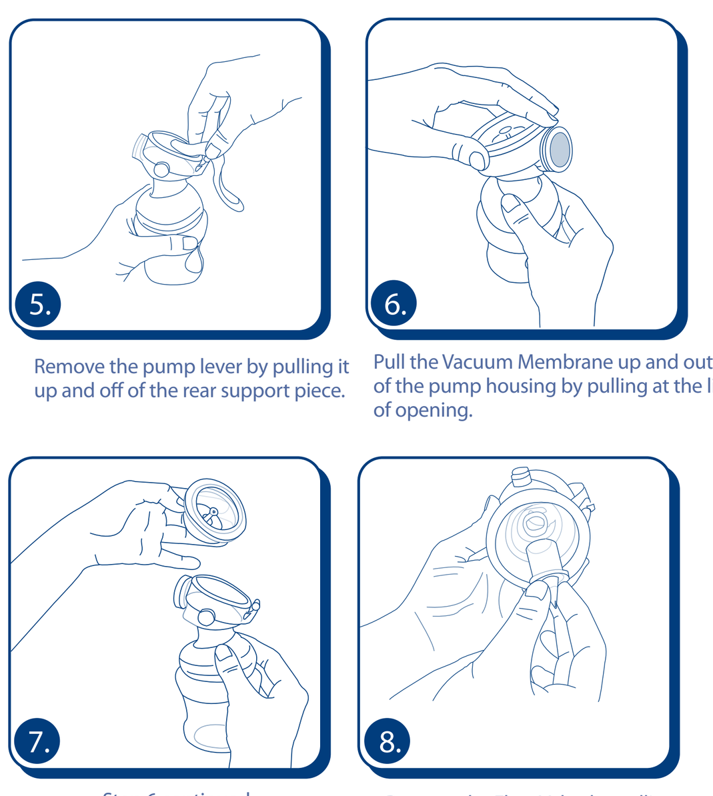
1. Using your Nûby™ breast pump may take practice. It may take several attempts before success.
2. Have your baby or a photograph of your baby nearby to help encourage "let-down".
3. Place a warmed Nûby™ Breast Aid™ gel pad or warm cloth on the breast for a few minutes before you start pumping. This can assist milk flow and alleviate painful breasts.
4. Practice. Find the technique that works best for you. Don't be discouraged if your milk doesn't flow immediately. Relax and continue. Start with only a few minutes at a time from each breast. If the process becomes painful, STOP and seek advice from a lactation consultant.

Your SoftFlex™ Natural Nurser™ and Storage Container

The Nûby™ Storage Container's durable leak-proof construction will stand up to everyday use. It conveniently stores your breast milk after pumping. By using the same base as our SoftFlex™ Natural Nurser™, Nûby™ has made feeding easy for busy parents. Simply remove the container top and replace with the Nûby™ breast size nipple. NURSER: Made from clear, break-resistant plastic which is BPA FREE. Can be boiled; top rack dishwasher safe; microwave steam sterilizer safe. Graduated in both ounces and ml. WARNING: Bottle hood is not a toy. Please remove hood from bottle before use and keep it out of reach of children. Use only under adult supervision. Do not boil in microwave. Burns and scalding may result if nurser is overheated in microwave. DO NOT let a child take a bottle to bed or self-feed for long periods. Extended contact with milk, formula, juice or sweetened liquids may cause severe tooth decay. Ask your doctor for more information about proper bottle feeding. Always test temperature of liquid before feeding to baby. Never use with carbonated beverages, as carbonation places product under pressure and may cause leakage. NIPPLE: Made of soft silicone. With your baby's comfort in mind, an anti-colic feature was designed into the nipple, helping to prevent ingestion of air by baby, which may cause colic. Nûby™ has taken this one step further by adding the new Nûby™ nipple with raised offset surfaces that assist in the eruption of teeth by gently massaging infant's gums. IMPORTANT: Wash and boil nipples and bottles before using. Wash in warm soapy water after each subsequent use. Dishwasher safe, top rack only. All nipples can wear out. To prevent possible choking hazard with any nipple, test strength by pulling on bulb portion. Inspect and replace if nipple becomes sticky, enlarged, cracked or shows other signs of excessive wear. Never leave a child unattended while using this or any other infant product.



Nûby™ also offers a wide range of various size bottles and nipples with different flow rates to fit your baby's needs. The icons displayed will help you find the right product for your



5. Remove the pump lever by pulling it up and off of the rear support piece.
6. Pull the Vacuum Membrane up and out of the pump housing by pulling at the lip of opening.
7. Step 6 continued.
8. Remove the Flow Valve by pulling valve down and away from cylinder.

* Note: While the Adjustable Vacuum Valve is removable, its loss would render the pump inoperable.

Nûby™

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Form SIG

Nûby™ NATURAL TOUCH™

Rhythm™ Dual Action Electric Breast Pump

INSTRUCTIONS FOR CARE AND USE

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