The Pulse Sonic
Thank you for choosing Pyle Sports as your personal trainer. In order to be able to get the best use of this device, please read the instruction manual carefully. Do not discard, keep the manual for future reference.

This watch requires CR2032 3V Lithium battery. Only the recommended batteries are to be used. When replacing the batteries, the following points must be strictly observed:

1. Before replacing the batteries, turn off the device.
2. Do not dispose of batteries in a fire. May explode.
3. Do not mix old and new batteries.
4. Do not mix different types of batteries.

The Battery Information

1. The Pulse Sonic uses 2 CR2032 Lithium batteries. Use only the recommended batteries.
2. Pulse Sonic: The batteries compartment is located at the back of the Pulse Sonic. To install/replace the batteries, use a coin to turn the back cover clockwise one or two turn until it stops (Diagram 1).
3. Energy Saving Function – Auto Display Off
   If the stopwatch is not used for over 10 minutes, the display will automatically turn off and will be back on display when a button is pressed. (Diagram 2)